

שִׁירוּ לַיהוָה

Sing unto the Lord

A Music Shabbat

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Bim Bam - בים בים

*Bim bam, bim bim bim bam
Bim bim bim bim bim bam
Shabbat shalom, Shabbat shalom
Shabbat, shabbat shabbat
Shabbat Shalom*

בים בים בים בים בים בים
בים בים בים בים בים בים.
שַׁבַּת שְׁלוֹם, שַׁבַּת שְׁלוֹם,
שַׁבַּת, שַׁבַּת, שַׁבַּת, שַׁבַּת שְׁלוֹם.

We enter this sanctuary to welcome Shabbat. Within these walls we sit surrounded by numberless generations.

Our ancestors built the synagogue as a visible sign of God's Presence in their midst. Throughout our long history and our endless wanderings it has endured, a beacon of truth, love and justice for all humanity.

Its presence guided our ancestors to lives of righteousness.

Now we, in our turn, come into this sanctuary to affirm the sacredness of our lives.

May we enter this place in peace.

May we encounter holiness as we cross its threshold.

In the brightness of Shabbat, let peace settle upon us as we lift our hearts in prayer.

~

Shir Chadash - שיר חדש (Based on Psalm 96:1)

*Shiru La'donai kol ha-a-retz
Shiru La-donai shir chadash.*

שִׁירוּ לַיהוָה כָּל־הָאָרֶץ
שִׁירוּ לַיהוָה שִׁיר חֲדָשׁ.

Sing unto God all the earth a new song I will sing unto God a new song.
Sing unto God and we'll all sing along All the earth a new song unto God.

~

Shabbat Candle Lighting

הדלקת נרות לשבת



**O God, You are the light by which we see the ones we love.
As we kindle these lights, we begin a holy time.
May we find in it refreshment of body and spirit,
and the sense that You are near to us at all times.**



*May we be blessed with Shabbat joy;
May we be blessed with Shabbat peace;
May we be blessed with Shabbat light.*

Baruch Atah Adonai, Eloheinu melech ha-olam,
asher kid'shanu b'mitzvotav v'tzivanu l'had'lik
neir shel Shabbat.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר
קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שַׁבָּת.

Praised is the Eternal our God, Sovereign of the Universe, who hallows us with Mitzvot,
and commands us to kindle the lights of Shabbat.

2 L'cha Dodi - לכה דודי L'cha Dodi is a prayer written by Rabbi Shlomo haLevi Alkabetz, a Rabbi in the 16th century.

L'cha dodi likrat kalah (ya la la la la la la)

P'nei Shabbat n'kalah

L'cha dodi likrat kalah (ya la la la la la la)

P'nei Shabbat n'kalah

Shamor v'zachor b'dibur echad,

hishmianu El ham'yuchad,

Adonai echad ush'mo echad,

l'shem ul'tiferet v'lit'hilah.

L'chah l'chah dodi...

לכה דודי לקראת כלה

פני שבת נקבלה

שמור וזכור בדבור אחד,

השמיענו אל המיוחד,

י אחד ושמו אחד

לשם ולתפארת ולתהלה.

L'cha dodi likrat kalah (ya la la la la la la)

P'nei Shabbat n'kalah

L'cha dodi likrat kalah (ya la la la la la la)

P'nei Shabbat n'kalah

לכה דודי לקראת כלה

פני שבת נקבלה

L'cha l'cha dodi likrat likrat kalah

P'nei p'nei Shabbat n'kalah.

L'cha l'cha dodi likrat likrat kalah

P'nei p'nei Shabbat n'kalah. La La La La

לכה לכה דודי לקראת לקראת כלה

פני פני שבת נקבלה לה לה לה

לכה לכה דודי לקראת לקראת כלה

פני פני שבת נקבלה

לכה לכה דודי לקראת לקראת כלה

פני פני שבת נקבלה לה לה לה

לקראת שבת לכו ונלכה,

כי היא מקור הברכה,

מראש מקדם נסוכה,

סוף מעשה במחשבה תחלה

לכה לכה דודי...

Likrat shabbat l'chu v'neilcha

ki hi m'kor ha'bracha

meirosh mikedem n'suchah

sof ma'aseh b'machshavah t'chilah

L'cha l'cha dodi...

(It is a custom, as we sing the last verse, to turn towards the Sanctuary entrance to greet the Sabbath Bride.)

Boi v'shalom ateret ba-lah.

Gam b'simchah uv'tzoholah

Toch emunei am segulah

Boi chalah boi chalah

L'chah l'chah dodi...

(We turn and face the bimah again)

בואי בשלום עטרת בעלה

גם בשמחה ובצהלה

תוך אמוני עם סגלה

בואי כלה בואי כלה

לכה לכה דודי...

Come my beloved to greet the bride. "Keep" and "remember"; a single command the Only God caused us to hear; the Eternal is One, God's Name is One; glory and praise are God's. Come with me to meet Shabbat, forever a fountain of blessing. Still it flows, as from the start: the last of days, for which the first was made. Enter in peace, O crown of your husband; enter in gladness, enter in joy.

Come to the People that keeps its faith. Enter, O bride! Enter, O bride!

BO'I KALAH

Bo'-i cha-lah bo'-i cha-lah

Bo'-i cha-lah bo'-i cha-lah

L'-cha do-di

Lik-rat ka-lah

P'-nei Shab-bat n'-ka-b'-lah

בואי כלה בואי כלה

בואי כלה בואי כלה

לכה דודי

לקראת כלה

פני שבת נקבלה

Enter O bride! Come my beloved to greet the bride. The Sabbath presence, let us welcome!

A rabbi wishing to instruct a small boy on where to find God, said to him:

“Show me every place that God is, and I will give you a penny.”

“Rabbi,” answered the boy, with the insight of youth,

“show me any place God isn't, and I will give you two pennies.”

3

Please rise

Bar'chu

ברכו

Ya la la...

י ל ל...

Bar'chu et Adonai ham'vorach!

ברכו את יי המברך!

Baruch Adonai ham'vorach l'olam va-ed!

ברוך יי המברך המברך לעולם ועד!

Praise the Eternal God, to whom our praise is due!

Praise the Eternal God to whom our praise is due, now and forever!

The Evening Prayer - Ma'ariv Aravim - מעריב ערבים

Blessed are You, Adonai our God, Creator of the universe, whose word brings the evening dusk. You open the gates of dawn with wisdom, change the day's divisions with understanding, set the succession of seasons, and arrange the stars in the sky according to Your will. You create day and night, rolling light away from darkness and darkness away from light. Eternal God, Your rule shall embrace us forever. Blessed are You, Adonai, for each evening's dusk.

ברוך אתה, יי, המעריב ערבים.

Baruch Ata Adonai, hama'ariv aravim.

שמע ישראל

Sh'ma

שמע

Sh'ma Yisra-eil, Adonai Eloheinu, Adonai Echad!

שמע ישראל, יי אלהינו, יי אחד!

Baruch sheim k'vod malchuto l'olam va-ed!

ברוך שם כבוד מלכותו לעולם ועד!

Hear, O Israel: the Eternal is our God, the Eternal is One!

Praised is God's glorious kingdom forever and ever!

Please be seated

V'ahavta eit Adonai Elohecha b'chol l'av'v'cha
 uv'chol nafsh'cha uv'chol m'odecha. V'hayu
 had'varim ha-eileh asher anochi m'tzav'cha
 hayom al l'avvecha. V'shinantam l'vanecha
 v'dibarta bam b'shiv't'cha b'veitecha uv'lecht'cha
 vaderech uv'shochb'cha uv'kumecha.
 Uk'shartam l'ot al yadecha v'hayu l'totafot bein
 einecha; uch'tavtam al m'zuzot beitecha
 uvish'arecha.

ואהבת את יהוה אלהיך, בכל לבבך,
 ובכל נפשך, ובכל מאדך. והיו הדברים
 האלה, אשר אנכי מצוה היום על לבבך:
 ושננתם לבניך ודברת בם בשבתך בביתך,
 ובליכתך בדרך, ובשכבך ובקומך. וקשרתם
 לאות על ידך, והיו לטטפת בין עיניך,
 וכתבתם על מזוזות ביתך ובשעריך.

L'ma-an tizk'ru va-asitem et kol mitzvotai,
 vih'yitem k'doshim leiloheichem. Ani Adonai
 Eloheichem asher hotzeiti et-chem mei-eret
 mitzrayim lih'yot lachem leilohim. Ani Adonai
 Eloheichem.

למען תזכרו ועשיתם את כל מצותי, והייתם
 קדשים לאלהיכם: אני יהוה אלהיכם, אשר
 הוצאתי אתכם מארץ מצרים, להציל לכם
 לאלהים. אני יהוה אלהיכם.

And you shall love Adonai your God, with all your heart, with all your soul, and with all your
 might. And these words, which I command you on this day, shall be upon your heart, shall be in
 your heart.

And you shall teach them diligently unto your children, and you shall speak of them when you
 sit in your house, when you walk by the way, and when you lie down, and when you rise up, and
 when you rise up.

And you shall bind them for a sign upon your hand, and they shall be for frontlets between your
 eyes. And you shall write them on the doorposts of your house and upon your gates, and upon
 your gates.

That you may remember and do all of My Commandments, and be holy unto your God, unto
 your God, unto your God.

Mi Chamocha

מי כמכה

Ya lai lai lai lai lai lai lai lai lai
 Ya lai lai lai ya lai lai lai lai lai
 Ya lai lai lai lai lai lai lai lai lai
 Ya lai lai lai ya lai lai lai lai lai



י לֵי לֵי לֵי לֵי לֵי לֵי לֵי לֵי לֵי
 י לֵי לֵי לֵי י לֵי לֵי לֵי לֵי לֵי
 י לֵי לֵי לֵי לֵי לֵי לֵי לֵי לֵי לֵי
 י לֵי לֵי לֵי י לֵי לֵי לֵי לֵי

Mi chamocha ba-eilim Adonai?
 Mi kamocha nedar bakodesh,
 Nora t'hilot oseih feleh?
 Nora t'hilot oseih feleh?

מי כמכה באלם יהוה?
 מי כמכה נאדר בקודש,
 נורא תהלת עשה פלא?
 נורא תהלת עשה פלא?

Malchut'cha ra'u vanecha bokei-a yam
 lifnei Mosheh
 "Zeh Eili!" anu v'amru: "Zeh Eili!" anu v'amru:
 "Adonai Yimloch l'olam va-ed."
 "Adonai Yimloch l'olam va-ed "

מלכותך ראו בניך בוקע ים לפני משה
 "זה אליו" ענו ואמרו: "זה אליו" ענו ואמרו:

"י ומלך לעולם ועד."
 "י ומלך לעולם ועד."

Who is like You Eternal God among the gods?
 Who is like You glorified in holiness extolled in praises, working wonders?
 Your children saw Your sovereign might as they stood before Moses
 "This is our God!", they answered and they said:
 "The Eternal God will reign forever and ever!"

V'shamru

ושמרו

V'shamru v'nei Yisra-eil et haShabbat
La-asot et haShabbat l'dorotam b'rit olam.

ושמרו בני ישראל את השבת,
לעשות את השבת לדורתם ברית עולם.

Beini uvein b'nei Yisra-eil
Ot hi l'olam, ot hi l'olam.

ביני ובין בני ישראל
אות היא לעולם, אות היא לעולם.

Ki sheishet yamim asah Adonai,
Et hashamayim v'et ha-aretz.
Uvayom hashvi-i shavat vayinafash

כי ששית ימים עשה יי,
את השמים ואת הארץ.
וביום השביעי שבת וינפש,
שבת וינפש.

And the Children of Israel shall keep Shabbat, making the Sabbath an eternal covenant forever.
Between Me and the Children of Israel, it is a sign forever.
Because in six days, God created heaven and earth.
And on the seventh day, God rested and was refreshed.

*Make every effort to pray from the heart.
Even if you do not succeed, in the eyes of God the effort is precious.*

עמידה - AMIDAH

Please rise

Adonai S'fatai Tiftach

אדני שפתי תפתח

(נָא נָא נָא) אָדוֹנֵי, (נָא נָא נָא) שְׁפַתֵי תִפְתַּח, וּפִי יִגִּיד, וּפִי יִגִּיד תְּהִלָּתְךָ.
(Na na na) Adonai (Na na na) s'fatai tiftach (Na na na) u'fee yageed, u'fee yageed t'heelatecha
Adonai, open my lips, that my mouth may declare Your praise.

God of All Generations - Avot v'Imahot - אבות ואמהות

בָּרוּךְ אַתָּה, יי, אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ: אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב.
אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל, וְאֱלֹהֵי לֵאָה. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיז, גּוֹמֵל
חֲסִדִים טוֹבִים וְקוֹנֵה הַכֹּל, חוֹכֵר חֲסִדֵי אֲבוֹת וְאִמּוֹת, וּמְבִיא גְאֻלָּה לְבְנֵי בְנֵיהֶם, לְמַעַן שְׁמוֹ
בְּאַהֲבָה. מְלֹךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגִן.
בָּרוּךְ אַתָּה, יי, מְגִן אַבְרָהָם וְעִזְרַת שָׂרָה.

Baruch Ata, Adonai, Eloheinu veilohei avoteinu v'imoteinu: Elohei Avraham, elohei Yitzchak, veilohei Ya'akov. Elohei Sara, elohei Rivka, elohei Racheil, veilohei Leah. Ha'eil hagadol higibor v'hanora, Eil elyon gomeil chasadim tovim, v'konei hakol, v'zocheir hasdei avot v'imahot, u'meivee g'ula livnei v'neihem, l'ma'an shemo, b'ahava. Melech ozer u'moshiya u'magein. Baruch Ata Adonai, magein Avraham, v'ezrat Sara.

Praised be our God, the God of our fathers and our mothers: God of Abraham, God of Isaac, and God of Jacob; God of Sarah, God of Rebekah, God of Leah and God of Rachel; great, mighty, and awesome God, God supreme. Ruler of all the living, Your ways are ways of love. You remember the faithfulness of our ancestors, and in love bring redemption to their children's children for the sake of Your name. You are our Sovereign and our Help, our Redeemer and our Shield. We praise You, Eternal One, Shield of Abraham, Protector of Sarah.

אתה גבור לעולם, אדני, מחיה הכל אתה, רב להושיע.
 מכלל חיים בקסד, מחיה הכל ברחמים רבים. סומך נופלים, ורופא חולים, ומתיר
 אסורים, ומקים אמונתו למשני עפר. מי כמוך בעל גבורות, ומי דומה לך, מלך ממית
 ומחיה ומצמיח ישועה?
 ונאמן אתה להחיות הכל. ברוך אתה יי, מחיה הכל.

*Ata gibor l'olam, Adonai, m'chayei hakol ata, rav l'hoshiya. Mashiv haruach u'morid hagashem.
 M'chalkeil chayim b'chesed, m'chayei hakol b'rachamim rabim. Someich noflim v'rofei cholim, u'matir
 asurim, u'm'kayeim emunato lishenei afar. Mi chamocha ba'al g'vurot, umi domeh lach, melech meimit
 u'm'chayeh umatz'miyach y'shua? V'ne'eman ata l'hachayot hakol. Baruch Ata Adonai, m'chayei hakol.*

Eternal is Your might, O God; all life is Your gift; You cause the wind to shift and the rain to fall. Great is Your power to save. With love You sustain the living, with great compassion give life to all. You send help to the falling and healing to the sick; You bring freedom to the captive and keep faith with those who sleep in the dust. Who is like You, Mighty One, Author of life and death, Source of salvation? We praise You, O God, the Source of life.

(Please Be Seated)

Prayer for Peace - Shalom Rav - שלום רב

*Grant us peace, Your most precious gift, O Eternal Source of peace, and give us the will to proclaim
 its message to all the peoples of the earth. Bless our country, that it may always be a stronghold of
 peace, and its advocate among the nations. May contentment reign within its borders, health and
 happiness within its homes. Strengthen the bonds of friendship among the inhabitants of all lands.
 And may the love of Your name hallow every home and every heart. Blessed is the Eternal God,
 the Source of peace.*

*Shalom rav, al Yisrael amcha tasim l'olam,
 Shalom rav, al Yisrael amcha tasim l'olam.
 Ki Ata hu melech adon, l'chol hashalom (2x).
 V'tov b'einecha l'vareich et amcha Yisrael
 B'chol eit u'v'chol sha'ah, bishlomecha.*

שלום רב על-ישראל עמוך תשים לעולם.
 שלום רב על-ישראל עמוך תשים לעולם.
 כי אתה הוא מלך אדון לכל-השלום (2x)
 וטוב בעיניך לברך את-עמוך ישראל
 בכל-עת ובכל-שעה בשלומך.

*O Sovereign Source of peace, let Israel Your people know enduring peace, for it is good in Your sight to bless Israel and
 all peoples continually with Your peace.*

We cannot merely pray to God to end war;
 For the world was made in such a way
 That we must find our own path of peace
 Within ourselves and with our neighbor.

We cannot merely pray to God to end despair;
 For we already have the power
 To clear away slums and to give hope
 If we would only use our power justly.

We cannot merely pray to God to root out prejudice;
 For we already have eyes
 With which to see the good in all people
 If we would only use them rightly.

We cannot merely pray to God to end disease;
 For we already have great minds
 With which to search out cures and healings
 If we would only use them constructively.

We cannot merely pray to God to end starvation;
 For we already have the resources
 With which to feed the entire world
 If we would only use them wisely.

*Therefore we pray instead
 For strength, determination, and will power,
 To do instead of merely to pray
 To become instead of merely to wish;
 That our world may be safe,
 And that our lives may be blessed.*

Oseh Shalom

Oseh shalom bimromav hu ya'aseh shalom
aleinu v'al kol Yisrael, v'imru: amen.

עושה שלום בַּמְרוֹמָיו, הוא יַעֲשֶׂה שְׁלוֹם עֲלֵינוּ
וְעַל-כָּל-יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

May the One who causes peace to reign in the high heavens, cause peace to reign
among us, all Israel, and all the world. Amen.

*O God, even when I am weak and in pain
help me to remember the good I can do.
And help me, on this and every day,
to see beyond my many troubles,
that I may be a blessing to others - and to myself.*



Mi Shebeirach

*Mi she-bei-rach a-vo-tei-nu
M'kor ha-bra-cha l'i-mo-tei-nu
May the Source of strength
Who blessed the ones before us
Help us to find the courage
To make our lives a blessing
And let us say, Amen.*

*Mi she-bei-rach i-mo-tei-nu
M'kor ha-bra-cha l'a-vo-tei-nu
Bless those in need of healing
With r'fu-ah sh'lei-mah
The renewal of body,
The renewal of spirit.
And let us say, Amen.*

Kiddush - קידוש



The seventh day is consecrated to the Eternal our God. With wine, our symbol of joy, we celebrate this day and its holiness. We give thanks for all our blessings, for life and health, for work and rest, for home and love and friendship. On Shabbat, eternal sign of creation, we remember that we are created in the divine image. We therefore raise the cup in thanksgiving:

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגֶּפֶן

Baruch Ata Adonai, Eloheinu melech haolam, borei pri hagafen.

Blessed are You, Adonai our God, Ruler of the universe, Creator of the fruit of the vine.

(Please Be Seated)

8

Adoration

*Let us adore the ever-living God
And render praise unto you
Who spread out the heavens and established the earth
And whose glory is revealed in the heavens above
And whose greatness is manifest throughout the world
You are our God, there is none else.*

וְאֶנְחֵנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לְפָנֶי מֶלֶךְ מַלְכֵי
הַמַּלְכִּים, הַקָּדוֹשׁ בְּרוּךְ הוּא.

*Va-a-nach-nu ko-r'im u-mish-ta-cha-vim u-mo-dim
Lif-nei Me-lech mal-chei ham'la-chim
Ha-ka-dosh ba-ruch hu.*

May the time not be distant, O God, when your name shall be worshipped in all the earth, when unbelief shall disappear and error be no more. Fervently we pray that the day may come when all shall turn to You in love, when corruption and evil shall give way to integrity and goodness, when superstition shall no longer enslave the mind, nor idolatry blind the eye, when all who dwell on earth shall know that You alone are God. O may all, created in Your image, become one in spirit and one in friendship, for ever united in Your service. Then shall Your rule be established on earth, and the word of Your prophet fulfilled: "Adonai will reign for ever and ever."

וְנֵאמַר: "וְהָיָה יי לְמֶלֶךְ עַל-כָּל-הָאָרֶץ; בַּיּוֹם הַהוּא יְהִיָּה
יי אֶחָד וּשְׁמוֹ אֶחָד."

*V'ne-e-mar v'ha-ya A-do-nai l'me-lech al kol ha-a-retz
Ba-yom ha-hu yi-h'yeh A-do-nai e-chad u-sh'mo e-chad!*





Kaddish

At this time, we think about people who have died. Some were our family. Some were our friends. When we think about these people, we miss them. We are grateful for memories of them. We thank You, God, for life and for the people we have loved.

SABBATH PRAYER

May the Lord protect and defend you.
May God always shield you from shame.
May you come to be
In Yisrael a shining name.

May you be like Ruth and like Esther.
May you be deserving of praise.
Strengthen us, Oh God,
And keep us from the strangers' ways.

May God bless you and grant you long life.
(May the Lord fulfill our Sabbath prayer for you.)

May God keep you and shield you from strife
(May God in His wisdom always care for you)

May the Lord protect and defend you.
May God always shield you from shame
Favor us, Oh God, with happiness and peace.
Oh, hear our Sabbath prayer. Amen

Shabbat Shalom

שַׁבָּת שְׁלוֹמ

Shir Chadash - שִׁיר חָדָשׁ (Based on Psalm 96:1)

Shiru La'donai kol ha-a-retz
Shiru La-donai shir chadash.

שִׁירוּ לַיהוָה כָּל־הָאָרֶץ
שִׁירוּ לַיהוָה שִׁיר חָדָשׁ.

Sing unto God all the earth a new song I will sing unto God a new song.
Sing unto God and we'll all sing along All the earth a new song unto God.